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SCIENTIFIC REGISTRY 약 TRANSPLANT RECIPIENTS Waitlist and posttransplant outcomes of candidates with IABP or ECMO: Comparison of old and new heart allocation policies

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### **Disclosures**

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## Introduction

- New heart allocation policy prioritizes candidates on short-term circulatory support as status 1 or 2 to promote transplants for the sickest candidates
- During the year before the new policy, the proportion of newly listed patients with IABP or ECMO was 7.9%, rising to 15.6% after the new policy. The proportion of transplant recipients with IABP or ECMO increased from 9.6% before the new policy to 33% after.
- In this analysis, we compared the outcomes of heart transplant candidates and recipients with IABP or ECMO before and after the new policy.



## Methods

#### Waitlist

#### Cohort:

<u>Group 1</u>: 375 newly listed adult heart candidates on IABP or ECMO from 8/3/2016 to 10/17/2017 were followed for a year <u>Group 2</u>: 756 newly listed adult heart candidates on IABP or ECMO from 10/18/2018 to 12/31/2019 were followed for a year **Analysis**: Unadjusted cumulative incidence for 1-year waitlist outcomes

#### Posttransplant

#### **Cohort:**

<u>Group 1</u>: 331 adult heart recipients on IABP or ECMO on the waitlist received transplants during 8/3/2016-10/17/2017 and were followed for a year

<u>Group 2</u>: 1210 adult heart recipients on IABP or ECMO on the waitlist received transplants during 10/18/2018-12/31/2019 and were followed for a year

**Analysis**: Unadjusted Kaplan-Meier survival curves for 30 days, 6 months, and 1 year



## **Results: Demographics**

		Group 1	Group 2
Age (years)	18-34	16.0	14.6
	35-49	17.1	22.1
	50-64	49.1	44.2
	65+	17.9	19.2
Sex	Male	72.8	72.9
	Female	27.2	27.1
Race	White	61.9	58.7
	Black/African American	25.1	25.1
	Hispanic	8.8	10.2
	Asian/Pacific Islander	4.0	5.2
	Other/unknown	0.3	0.8



### **Results: Waitlist Outcomes**

Table 1. One-year outcomes for newly listed adults waiting for heart transplant who were on IABP or ECMO (SCSD), by urgency status

	G	Group 1: 8/3/2017-10/17/2018				Group 2: 10/18/2018-12/31/2019							
	Total	Status 1A	Status 1B	Status 2	Inactive	Total	Status 1	Status 2	Status 3	Status 4	Status 5	Status 6	Inactive
Total	375	290	26	32	27	756	152	495	22	27	7	36	17
Still Waiting	52	28	9	10	5	36	1	21	0	3	0	9	2
Died	47	41	1	4	1	32	12	11	0	2	3	0	4
Transplanted	215	179	14	6	16	626	119	430	21	22	2	24	8
Removed*	61	42	2	12	5	62	20	33	1	0	2	3	3

Removed\*: candidates who have a removal code other than transplant or death by their followup date.

Followup date: 1 year after transplant.

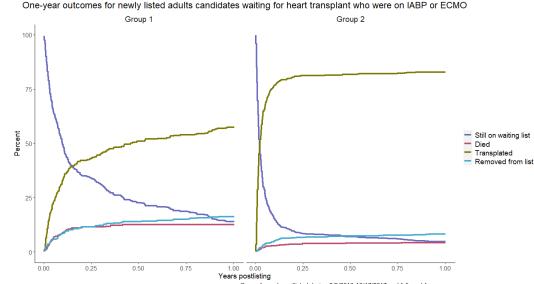


#### **Results: Waitlist Outcomes**

transplant who were on IABP or ECMO (SCSD) Group 2 Group 1 Percent Count Percent Count Total candidates 375 100.00 756 100.00 Still Waiting 52 13.9 36 4.8 Died 47 12.5 32 4.2 Transplanted 215 57.3 626 82.8 Removed\* 61 16.3 62 8.2

Table 2. One-year outcomes for newly listed adults waiting for heart

Removed\*: candidates who have a removal code other than transplant or death by their followup date. p-value: 0.78



Group 1: newly waitlisted during 8/3/2016-10/17/2017 and followed for a year. Group 2: newly waitlisted during 10/18/2018-12/31/2019 and followed for a year.



### **Results: Posttransplant Survival**

Table 3. Outcomes at 30 days, 6 months, and 1 year post-transplant

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	Count	Percent	Count	Percent	p-values
Total SCSD recipients	331	100.0	1210	100.0	
Alive at 30 days	321	97.0	1165	96.3	0.5
Died within 30 days	10	3.0	45	3.7	
Alive at 6 months	302	91.2	1121	92.6	0.4
Died within 6 months	29	8.8	89	7.4	
Alive at 1 year	297	89.7	1095	90.5	0.7
Died within 1 year	34	10.3	115	9.5	

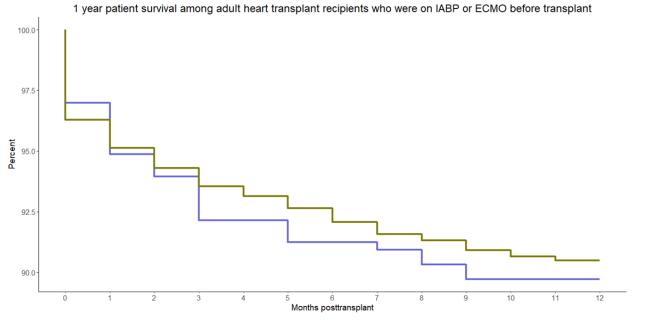
30 days data is from the date of transplant to 30 days.

- 6 months data is from the date of transplant to 6 months.
- 1 year data is from the date of transplant to 1 year.

p-values are from unadjusted Kaplan-Meier analyses.



#### **Results: Posttransplant Survival**



Allocation policy change on 10/18/2018 - Group 1 - Group 2

Group 1: received a transplant during 8/3/2016-10/17/2017 and followed for a year. Group 2: received a transplant during 10/18/2018-12/31/2019 and followed for a year.



## Discussion

- After implementation of the new policy, the number of heart transplant candidates and recipients with SCSD increased dramatically
- Under the new policy, there was a substantial reduction in the proportion of candidates with SCSD removed for death or causes other than transplant and fewer still awaiting transplant
- Posttransplant survival of recipients with SCSD was not significantly different preand post-policy
- Improved waitlist outcomes of candidates with SCSD may warrant evolution of strategies for treating transplant candidates
- Careful application of SCSD is required to avoid inappropriate use of higher-urgency categories and disadvantaging patients without SCSD





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